

Keeping Children Safe in an Environment of Legalized Cannabis Edibles



TO AVOID RISK - BAN OUTRIGHT:

- All product formulations that target children, such as flavourings, gummies, lollipops and cartoon or animal shapes.

TO MINIMIZE RISK - CONTROL:

- **Packaging & Labeling**
 - Use plain packaging that is childproof and tamperproof.
 - Use plain language on product labels.
 - List all active and inactive ingredients and their ratios within a service size.
- **THC Levels & Storage**
 - Limit the amount of THC within a single serving.
 - Implement rules to safely store products within the home.
(e.g. in locked containers or cabinets)

Contact the Federal Minister of Health with your feedback at:
Ginette.PetitpasTaylor@parl.gc.ca

CANNABIS EDIBLES

Emerging Evidence

Edible cannabis products are common among both recreational users and users for medical intent.

Although many people think that eating cannabis is a safer, more effective and more discreet way to use the drug than smoking, there is still **not enough research** to support this claim.

One of the main differences between eating and smoking cannabis is **how long it takes** to feel "high". This leads to people consuming more than intended before the drug takes effect, which can lead to **negative health reactions**.

Research shows that eating cannabis leads to a **higher rate of overdose** in users and **increased risk to children**. This supports more **stringent regulations** of edible cannabis products.

Paths Forward

- Products and their formulations should be standardized and their quality controlled.
- Labeling should be accessible and plain language and describe the risk of overdose when eating cannabis.
- Ensuring consistent doses of active ingredients across products should be implemented.