

Cannabis Prevalence in Nova Scotia



Nova Scotia

Nova Scotians are among the heaviest cannabis users in Canada



50%

of Nova Scotians have used cannabis in their lifetime



14%

of Nova Scotians have used cannabis in the past 12 months



15 yrs

is the average age of cannabis first use



28%

of Nova Scotian students grades 7-12 have used cannabis in their lifetime



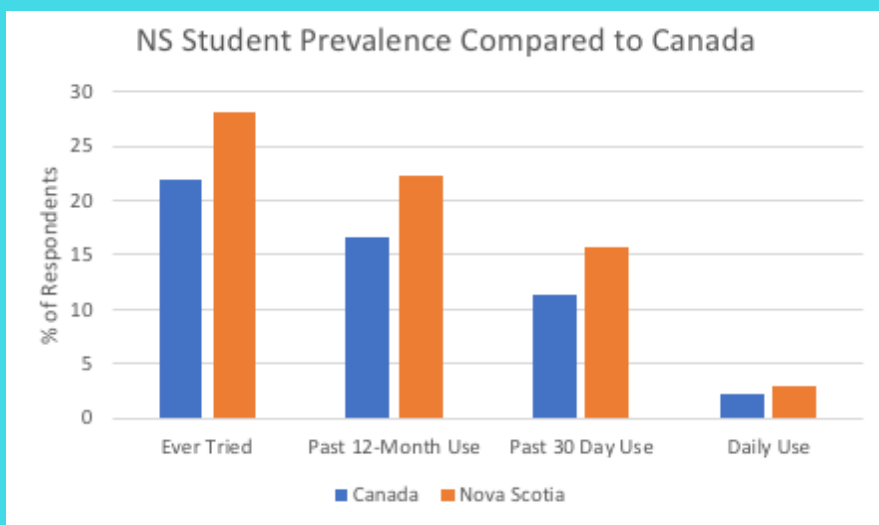
22%

of Nova Scotian students have used cannabis in the past 12 months



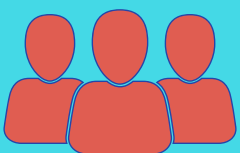
90% +

of current cigarette smokers have tried cannabis



Nova Scotian students report cannabis use patterns higher than the Canadian average

WHY SHOULD WE BE CONCERNED?



Recent cannabis use is most prevalent among young people ages 15-24

Frequent users report poorer mental health and more suicidal thoughts



Frequent users are more likely to report other substance dependencies which increases the risk of long term negative health outcomes

Nova Scotians have higher rates of drug impaired driving compared to the Canadian average



References

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3. Leos-Toro C, Reid JL, Madill CL, Rynard VL, Manske SR, Hammond D. *Cannabis in Canada - Tobacco Use in Canada: Patterns and Trends, 2017 Edition, Special Supplement*. Waterloo, ON: Propel Centre for Population Health Impact, University of Waterloo.
4. Statistics Canada. (2015). *2015 Canadian Tobacco, Alcohol and Drugs Survey (CTADS). February-December 2015. Retrieved at <https://www.canada.ca/en/health-canada/services/canadian-tobacco-alcohol-drugs-survey/2015-summary.html>*
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